

Elevating Student Wellbeing

together

Learn how schools across New Zealand are gathering valuable wellbeing data to understand where their students and schools are thriving and where improvements are needed.



Helping schools understand and address students' needs all year round

Schools globally recognise that supporting children's and young people's mental health and wellbeing has never been more important, with headline news and empirical research spotlighting low student wellbeing for the 4th consecutive year since COVID.

The challenge for schools across New Zealand is understanding the wellbeing concerns that exist in **their** students' worlds specifically. They can remain hidden, out of sight, and uncommunicated.

We know children and young people may not always feel able or aware of how to seek support when it comes to issues surrounding their own wellbeing, safety, and mental health. Students whose wellbeing needs go unmet can be left vulnerable to longer-term mental health disorders or more susceptible to serious or harmful behaviours towards themselves and or/others.



Why wellbeing feedback tools are important

How do schools currently 'diagnose' wellbeing health and identify focus areas?

While schools recognise the need to allocate more resources and focus on student wellbeing, there isn't a standard approach to identifying and addressing it.

To try and understand how students are feeling, schools may carry out activities such as drop-in sessions with the school's counsellor and teacher observations, with annual online and/or paper-based surveys being the most commonly used method.

Limitations to the current approach

There are benefits to accumulating annual wellbeing data, and there is certainly a requirement for in-person pastoral care.

However, there are challenges for Wellbeing and Pastoral teams when solely using these current methods.

Annual surveys are seldom impactful because they don't cater to basic human behaviour - dynamic emotions. Knowing what interventions are needed and what will drive the biggest impact quickly and effectively can prove difficult when you have point-in-time data.

Why? Because wellbeing needs change on a daily, weekly, or monthly basis.

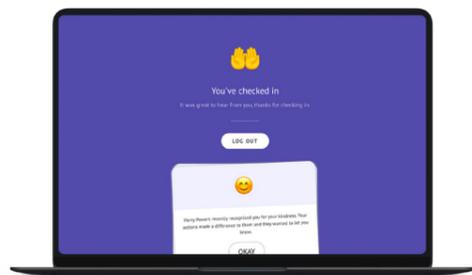
Linewize Pulse: A better, more modern student 'survey' experience that fosters connections

Linewize Pulse offers a contemporary solution to schools' challenges in understanding and supporting real-time wellbeing needs. It goes beyond traditional surveys, serving as a robust platform that encourages self-reflection, facilitates meaningful connections, and amplifies the voices of all school community members, including those who may have previously gone unheard.

This is how.

About Linewize Pulse

Linewize Pulse is a revolutionary digital wellbeing feedback platform that provides leaders and pastoral teams with actionable data that allows them to understand where their students and schools are thriving and what needs work. It also enables staff to proactively support individual students and identify students who need immediate support.



How does it work?

Pulse provides an opportunity for students to check in on their wellbeing and provides insights into school wellbeing every week. It takes just a minute or two.

1. Once a week, students receive a reminder to take a little time to consider five questions when they check-in.
2. If students feel they need help, they can connect with the staff member they trust.
3. Students are asked different questions every time across five important wellbeing domains.
4. Their responses provide real-time visibility into student sentiment and wellbeing.
5. Clear heatmaps and trends empower you to make informed decisions about where to focus your time and energy to help your students engage and succeed.
6. Students can express gratitude to their peers and your entire staff, fostering recognition and demonstrating your school's values.

How frequent check-ins are transforming schools like yours?

The Aorere College story From insights to impact: Transforming student wellbeing at Aorere College



At Aorere College, students faced different challenges, exacerbated by the complexities of the digital world. Rising living costs and financial pressures led to students prioritising work over education, impacting their academic engagement and mental wellbeing. Additionally, a growing trend of student disconnection from school resulted in low attendance and engagement levels.

To address these challenges, Aorere College piloted the Pulse platform from Linewize, a wellbeing check-in tool primarily with junior students. The tool allows students to quickly check-in and express their feelings, providing immediate insights into the overall mood and atmosphere of the school.

Fostering student support made possible with Pulse

The Pulse tool has created a safe space for students to seek support and guidance, facilitating early intervention to address minor issues before they escalate. Furthermore, it promotes awareness and dialogue around mental health, fostering a supportive school community.

Transforming Student Wellbeing

Aorere College has gained valuable insights into student wellbeing trends, enabling them to develop targeted interventions and support programs. With Linewize Pulse, Aorere College has been able to:

- **Give Students a Voice:** Students can express their feelings and concerns in a safe and secure environment.

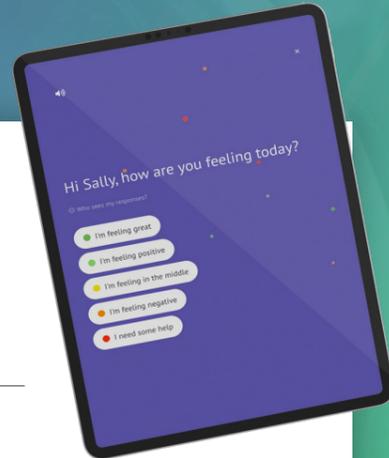
- **Connect Students with Trusted Adults:** Intervene more effectively at the point of need.

- **Improve Decision-Making:** Real-time wellbeing insights show leaders areas needing attention, allowing them to allocate resources more effectively.

- **Cultivate Kindness:** Pulse helps the college achieve positive interactions, including gratitude, encouragement, and a culture of connection.

Implementing Pulse has provided a means to monitor and support student wellbeing and cultivated a culture of openness and collaboration within the school community. Moving forward, Talbot remains committed to leveraging technology to address evolving student needs and ensure a supportive and inclusive learning environment.

How frequent check-ins are transforming schools like yours



The Ohinemuri Kahui Ako story A Kahui Ako journey to improving wellbeing

Linewize Pulse also seamlessly aligns with the needs of Kahui Akos, facilitating the transformation of student wellbeing. One such example of this is the Ohinemuri Kahui Ako.

Unlike academic achievements measured by tests, student wellbeing is a private and dynamic realm. Recognising its significance, nine schools within the Ohinemuri Kahui Ako undertook a mission to collect real-time data, fostering a culture of connection, trust, and care. This journey aimed to empower students to express their feelings and receive targeted support promptly, moving beyond guesswork to informed interventions. Implementing Linewize Pulse.

Through Linewize Pulse, these schools obtained actionable insights into student wellbeing:

- Weekly check-ins provided crucial insights into how students were feeling, enabling the identification of trends and prompt interventions for struggling students.
- Student connections were strengthened, fostering a deeper sense of belonging within the school community.
- The schools leveraged data to demonstrate their needs for professional development and community funding, guiding evidence-based decisions.

Adopting a community of learning approach

Linewize Pulse facilitated collaboration across schools, enabling the sharing of insights and interventions. This approach strengthened relationships and trust within and between schools and communities, fostering a supportive ecosystem for student wellbeing.

Using Linewize Pulse for positive impact

The Ohinemuri Kahui Ako witnessed transformative outcomes, which included happier and more empowered students, with Principals noting significant improvements in student wellbeing, engagement, and achievement.



Linewize Pulse Impact



18,000+
students have received the support needed through the "I need help" feature.



5,500,000
weekly check-ins have placed students on the 'wellbeing radar'.



85% student
engagement seen across global Pulse check-ins.



25% of students
who needed help reached out the first time they used Pulse.

What is the state of wellbeing at your school? **Find out with our audit**

Your free Student Digital Wellbeing Audit will provide valuable insights into your students' digital wellbeing landscape. It will give your school a comprehensive understanding of potential risks and challenges your students face and empower you to implement targeted interventions and support strategies to ensure your students' safety and overall wellbeing in the digital world.



Simply scan the QR code and start your student digital wellbeing journey with us today.

What next?

Not ready for a student wellbeing audit?
You can learn more about Pulse at
linewize.co.nz/solutions/pulse

If you have follow-up questions about
Linewize Pulse or would like to arrange a
short informal walkthrough just get in touch.

We're ready to help.

linewize.co.nz/contact



Linewize Pulse is a wellbeing feedback platform that helps schools gain insights that inform whole school strategic wellbeing initiatives, helps to identify sweeping areas of concern, evaluate the impact of interventions, and enables staff to identify and proactively support individual students.

Web: www.linewize.co.nz/solutions/pulse
Email: enquiries@linewize.co.nz



Linewize is part of Qoria, a global technology company, dedicated to keeping children safe and well in their digital lives. We harness the power of connection to close the gaps that children fall through, and to seamlessly support them on all sides - at school, at home and everywhere in between.

Find out more
www.qoria.com