



# **Pulse for Primary Students** ARACY Question Set

Linewize Pulse asks students to answer questions which are drawn from the Australian Research Alliance for Children and Youth's (ARACY) Common Approach™ framework.

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## Introduction

The Common Approach<sup>™</sup> framework was selected based on its evidentiary base and track record of use in Australian Schools.



Data is collected from students and organised within six areas of wellbeing: Valued & Safe, Healthy, Material Basics, Learning, Participating, and Positive Sense of Identity and Culture.

To assist the school interpret and anticipate the data that will be collected, this document provides the comprehensive list of questions, and the areas under which they are grouped in the Pulse application. We ask that you do not distribute this list of questions beyond the staff at your school. We also note that ARACY provides training for all school staff to ensure they are equipped to have best practice conversations about wellbeing with students and their families. We believe that the impact of Linewize Pulse can be amplified by training your staff to have such conversations.

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#### Valued and Safe: How valued and safe a student feels within the school environment.

Category	Sub-Category	Question
Connectedness To School Adults	Can Go To Teacher	I can go to a teacher if I am upset.
Connectedness To School Adults	Can Go To Teacher	Adults in my school care for me.
Connectedness To School Adults	Can Go To Teacher	l can trust adults in my school.
Home Climate	Home Is Safe	I am safe at home.
Home Climate	Like Being At Home	I like being at home.
Home Climate	Likes Spending Time	My family likes spending time together.
Home Climate	Family Is Happy	My family is happy.
Home Climate	Family Loves Me	My family loves me.
School Climate	People Care	People care about each other in this school.
School Climate	Safe	I am safe at school.
School Climate	Care For Environment	People at my school care for the environment.
School Climate	Play In Playground	I like to play in the playground.
School Climate	Kindness	Teachers and students treat each other kindly.
School Climate	Get Help If Needed	I can get help at school if I need it.
School Climate	Happy At School	I am happy at school.

#### Valued and Safe: How valued and safe a student feels within the school environment.

Category	Sub-Category	Question
Bullying	Treat You Badly	At school, do other children try to upset you or treat you badly?
Bullying	Mean to You	Are people mean to you?
Safety	Playground Safe	The playground is safe for me.
Safety	Help from Adults	I can get help from adults if I need it.
Valued	Have Friends	I have friends at school.
Valued	Adults Who Care	I have adults who care about me.

Learning: How a student learns within the school environment.

Category	Sub-Category	Question
Emotional Engagement With Teachers	Get Along With Teachers	I like my teachers.
Emotional Engagement With Teachers	Teachers Listen	My teachers really listen to what I have to say.
Emotional Engagement With Teachers	Teachers Extra Help	If I need extra help, I will receive it from my teachers.
Emotional Engagement With Teachers	Teachers Treat Fairly	My teachers treat me the same as others.
Perseverance	School Work Perse- vere Until Finished	I keep at my school work until I am done with it.
Perseverance	Hard Worker	I work hard.
Perseverance	Ok To Make Mistakes	It is OK to make mistakes.
Perseverance	Mistakes Try Again	When I make mistakes, I try again.

#### Learning: How a student learns within the school environment.

Category	Sub-Category	Question
Cognitive Engagement	Take Care	I take care with my work.
Academic Self Concept	Learn School Skills	I am sure I can do my schoolwork.
Academic Self Concept	Enough Time Good Job	I can do a good job on my schoolwork.
Academic Self Concept	Learn Hard Work	I like to learn at school.
Learning Practices	Concentrate During Class	I can pay attention when I need to.
Learning Practices	Remember Information	I can remember what I learn in school.
Learning Practices	Can Do The Work	I can do the work my teacher gives me.
Learning Practices	Do Homework	I do my homework.

#### Healthy: The overall physical, mental and emotional health of students.

Category	Sub-Category	Question
Positive Emotions	Have Fun	I have a lot of fun.
Positive Emotions	Start Day Happy	I start the day happy.
Positive Emotions	Life Is Good	My life is good.
Challenging Emotions	Feel Unhappy	l feel unhappy.
Challenging Emotions	Feel Do Wrong	I feel that I do things wrong a lot.
Challenging Emotions	Worry About Home	I worry a lot about things at home.

#### Healthy: The overall physical, mental and emotional health of students.

Category	Sub-Category	Question
Challenging Emotions	Worry About School	I worry a lot about things at school.
Challenging Emotions	Worry About Mistakes	I worry a lot about mistakes that I make.
General Health	I Am Healthy	I am Healthy
General Health	Go To Doctor	Do you go to the doctor when you need to?
Physical Activity	Play Outdoors	I like to play outdoors.
Physical Activity	Play In Nature	Do you play in nature (park, bush, beach)?
Physical Activity	Move Body	I like to move my body (run, dance, climb, play sports).
Health Problems	Health Activity	If I feel unwell, I know who to speak to.

#### Participating: How a student participates in the activities and relationships around them.

Category	Sub-Category	Question
Connectedness To Home Adults	Home Adult Listens	My family listens to me when I talk to them.
Connectedness To Home Adults	Home Adult Talk Problems	If I am worried I can talk to an adult at home.
Connectedness To Home Adults	Home Education Is Valued	Learning is important to my family.
Connectedness To Home Adults	Someone Who Cares	At home, I have adults who care about me.
Friendship Intimacy	Friend Tell Everything	I have a friend I can tell everything to.
Friendship Intimacy	Spend Time	I play with my friends.

Participating: How a student participates in the activities and relationships around them.

Category	Sub-Category	Question
Motivation To Achieve Goals	Actively Pursue Goals	I try to do my best.
Organised Activities	Organised Activity	Do you do any activities outside of school (sport, art, craft, music)?
Agency	Say In School Decisions	I get to make choices at school.
Agency	Say In School Decisions	I get to speak up and make choices at home.

**Positive Sense of Identity and Culture:** How a student feels they belong within the school academic and social environment, and the expectations they perceive to be placed on them.

Category	Sub-Category	Question
School Belonging	Feel Belong School	I fit in at this school.
Peer Belonging	Part Group Friends	I have a group of friends.
Peer Belonging	Fit In Other Kids	I fit in with other kids around me.
Peer Belonging	Often Lonely	Are you lonely?
Expectations For Success	Concentrate During Class	I can pay attention when I need to.
Sense Of Identity	Positive Representation	I can remember what I learn in school.
Sense Of Identity	Experience Discrimination	I can do the work my teacher gives me.
Sense Of Identity	Same Opportunities	I do my homework.
Sense Of Identity	Be Myself School	I am liked at school because I am me.
Sense Of Identity	Be Myself Home	I am loved at home because I am me.

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Material Basics: The basic parts of life that contribute to an overall well-rounded individual.

Category	Sub-Category	Question
Have Enough Food	Have Enough Food	We have enough food in our house for everyone.
Access To Necessities	Healthy Life	I have the things I need to be healthy.
Access To Necessities	School Equipment	I have the things I need for school (uniforms, equipment, etc).
Access To Necessities	Transport	My family can get the places we need to (shops, school, doctor).
Access To Necessities	Buy What's Needed	My family has the money to buy the things we need.
Home Environment	Somewhere To Sleep	I have somewhere warm and safe to sleep.
Home Environment	Somewhere To Study	I have a place where I can do my homework.
Home Environment	Big Enough House	I have a place where I can do my homework.
Home Environment	Space For Things	I have space for my things at home?
Nutrition	Generally Eat Healthy	I try to eat healthy food.



Linewize is a unique response to the challenge of today's connected learning environments, supporting the integration of technology, education and engagement to create cyber safe communities where students thrive.

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### Qoria

Linewize is part of Qoria, a global technology company, dedicated to keeping children safe and well in their digital lives. We harness the power of connection to close the gaps that children fall through, and to seamlessly support them on all sides - at school, at home and everywhere in between.

Find out more www.qoria.com